



# First Sunday in Lent

## HOLY EUCHARIST RITE II

February 21, 2021 – 10:00 am

**Prelude** *God's Love Shine on You* from *Cantata No. 196, Der Herr Denket An Uns* J. S. Bach/Geoffrey Edwards

“The Lord is mindful of us; He will bless us.” Psalm 115:12

## The Word of God

BCP 355

**Opening Hymn** *The Glory of These Forty Days*

H143



1 The glo - ry of these for - ty days we  
2 A - lone and fast - ing Mo - ses saw the  
3 So Dan - iel trained his mys - tic sight, de -  
4 Then grant us, Lord, like them to be full  
\* 5 O Fa - ther, Son, and Spi - rit blest, to



1 cel - e - brate with songs of praise; for Christ, through whom all  
2 lov - ing God who gave the law; and to E - li - jah,  
3 liv - ered from the li - ons' might; and John, the Bride - groom's  
4 oft in fast and prayer with thee; our spi - rits strength-en  
5 thee be ev - ery prayer ad-dressed, who art in three - fold



1 things were made, him - self has fast - ed and has prayed.  
2 fast - ing, came the steeds and char - i - ots of flame.  
3 friend, be - came the her - ald of Mes - si - ah's name.  
4 with thy grace, and give us joy to see thy face.  
5 Name a - dored, from age to age, the on - ly Lord.

*Celebrant* Bless the Lord who forgives all our sins.

*People* **His mercy endures forever.**

**The Decalogue**

Hear the commandments of God to his people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

***Amen. Lord have mercy.***

You shall not make for yourself any idol.

***Amen. Lord have mercy.***

You shall not invoke with malice the Name of the Lord your God.

***Amen. Lord have mercy.***

Remember the Sabbath day and keep it holy.

***Amen. Lord have mercy.***

Honor your father and your mother.

***Amen. Lord have mercy.***

You shall not commit murder.

***Amen. Lord have mercy.***

You shall not commit adultery.

***Amen. Lord have mercy.***

You shall not steal.

***Amen. Lord have mercy.***

You shall not be a false witness.

***Amen. Lord have mercy.***

You shall not covet anything that belongs to your neighbor.

***Amen. Lord have mercy.***

*Celebrant*

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. *1 John 1:8,9*

Let us confess our sins against God and our neighbor.

*Minister and people*

**Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

Almighty God have mercy on you, forgive all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

**Trisagion**

**H S100**

Ho - ly God, Ho - ly and Might - y, Ho - ly Im -  
mor - tal One, Have mer - cy up - on us. Ho - ly God,  
Ho - ly and Might - y, Ho - ly Im - mor - tal One, Have mer - cy  
up - on us. Ho - ly God, Ho - ly and Might - y,  
Ho - ly Im - mor - tal One, Have mer - cy up - on us.

*Celebrant*      The Lord be with you.  
*People*            **And also with you.**  
*Celebrant*      Let us pray.

### **The Collect for the First Sunday in Lent**

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

### **The First Lesson**      *Genesis 9: 8-17*

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

### **Psalm 25:1-9**      *(Read in unison)*

**1 To you, O LORD, I lift up my soul;  
my God, I put my trust in you; \*  
let me not be humiliated,  
nor let my enemies triumph over me.**

- 2 Let none who look to you be put to shame; \***  
let the treacherous be disappointed in their schemes.
- 3 Show me your ways, O LORD, \***  
and teach me your paths.
- 4 Lead me in your truth and teach me, \***  
for you are the God of my salvation;  
in you have I trusted all the day long.
- 5 Remember, O LORD, your compassion and love, \***  
for they are from everlasting.
- 6 Remember not the sins of my youth and my transgressions; \***  
remember me according to your love  
and for the sake of your goodness, O LORD.
- 7 Gracious and upright is the LORD; \***  
therefore he teaches sinners in his way.
- 8 He guides the humble in doing right \***  
and teaches his way to the lowly.
- 9 All the paths of the LORD are love and faithfulness \***  
to those who keep his covenant and his testimonies.

**The Second Lesson**     *1 Peter 3:18-22*

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you--not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

**The Gospel**     *Mark 1:9-15*

*Priest*     The Holy Gospel of our Lord Jesus Christ according to Mark.  
*People*     **Glory to you, Lord Christ**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water,

he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

*Priest*    The Gospel of the Lord  
*People*    Praise to you, Lord Christ

**The Sermon**

**Fr. Winston T. Smith**

**The Nicene Creed**

**BCP 358**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.**

**Through him all things were made.**

**For us and for our salvation**

**he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

**The Prayers of the People      Form I**

**BCP 383**

With all our heart and with all our mind, let us pray to the Lord,  
saying, "Lord, have mercy."

For the peace from above, for the loving-kindness of God, and for the  
salvation of our souls, let us pray to the Lord.

***Lord, have mercy.***

For the peace of the world, for the welfare of the holy Church of  
God, and for the unity of all peoples, let us pray to the Lord.

***Lord, have mercy.***

For our Bishop, and for all the clergy and people; For Justin,  
Archbishop of Canterbury; Michael, Presiding Bishop; Daniel, Bishop;  
Winston, Rector; Duane, in discernment for Holy Orders; the Vestry  
and the People of St. Anne's Church, let us pray to the Lord.

***Lord, have mercy.***

For our President, for the leaders of the nations, and for all in  
authority; For Joe, President; Tom, Governor; the Congress and  
Supreme Court, and state and local officials, let us pray to the Lord.

***Lord, have mercy.***

For this city of Abington, for every city and community, and for those  
who live in them, let us pray to the Lord.

***Lord, have mercy.***

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

***Lord, have mercy.***

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.

***Lord, have mercy.***

*Please remember and feel free to say aloud the names of those who need prayer.*

*Silence*

We especially remember Anna, Rose, Carmen, Will, Ayush and we pray for all those suffering with COVID-19, those they love, and all those who minister to them.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

***Lord, have mercy.***

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.

***Lord, have mercy.***

*Please remember and feel free to say aloud the names of the departed.*

*Silence*

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

***Lord, have mercy.***

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

***Lord, have mercy.***

In the communion of the Blessed Virgin Mary, St. Anne and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

***To thee, O Lord our God.***

## **The Peace**

*Celebrant* The peace of the Lord be always with you.

*People* **And also with you.**

## **Announcements**

### **The Holy Communion**

“THE INVITATION TO HOLY COMMUNION”  
authorized by Presiding Bishop Michael Curry

A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

*The presider invites the following prayer to be said by all:*

**My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.** (St. Alphonsus de Liguori, 1696-1787)

### **Offertory Sentence**

I appeal to you, brethren, by the mercies of God, to present yourselves as a living sacrifice, holy and acceptable to God, which is your spiritual worship. *Romans 12:1*

**Offertory Meditation** *Forty Days and Forty Nights*

arr. Lyndell Leatherman

*Celebrant* The Lord be with you

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give him thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. You bid your faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, they may come to the fullness of grace which you have prepared for those who love you. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

**Sanctus**

**H S124**

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might, heav - en and  
earth are full of your glo - ry. Ho - san - na in the high - est.  
Bless - ed is he who comes in the name of the Lord. Ho - san - na in the high - est.

*Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever. Amen.**

### The Breaking of the Bread

H S161

*Celebrant* Christ our Passover is sacrificed for us;  
*People* Therefore let us keep the feast.

Lamb of God, you take a - way the sins of the world:  
have mer - cy on us. Lamb of God, you take a - way the  
sins of the world: have mer - cy on us. Lamb of God,  
you take a - way the sins of the world: grant us peace.

How sweet the name of Jesus sounds  
In a believer's ear;  
It soothes our sorrows, heals our wounds,  
And drives away our fear.

It makes the wounded spirit whole  
And calms the troubled breast;  
'Tis manna to the hungry soul,  
And to the weary, rest.

### **The Ministration of Communion**

*(While the celebrant and those present receive the Sacrament you are invited to pray or meditate on the following prayers.)*

“Rend your heart, and not your garments, and turn unto the Lord your God; for he is gracious and merciful, slow to anger and of great kindness, and repenteth him of the evil. (Joel 2:13)

Almighty and eternal God, so draw our hearts to thee, so guide our minds, so fill our imaginations, so control our wills, that we may be wholly thine, utterly dedicated unto thee; and then use us, we pray thee, as thou wilt, and always to thy glory and the welfare of thy people; through our Lord and Savior Jesus Christ. Amen. (BCP 832)

### **Post Communion Prayer**

(A Post-Communion Prayer During this Time of Separation  
authorized by Bishop Gutierrez)

**Lord of the Feast, we thank you for gathering us as your people. We call to remembrance the many times we have been fed at your table and we lament our distance now. Be present Lord Jesus as you were present with your disciples, be known to us in the breaking of the bread, and may your Holy Spirit sustain us and all your Church until we can gather together again. We ask this for the sake of your love. Amen.**

### **Prayer over the People**

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice

for ever in the protection of your loving providence; through Christ our Lord. *Amen.*

**The Dismissal**

*Priest:* Go in peace to love and serve the Lord.

*People:* **Thanks be to God.**

**Postlude** *Recessional*

Edward Broughton

<p><b>Saint Anne’s Episcopal Church</b> 2119 Old Welsh Road Abington, PA 19001 (215) 659-1674 office@stannesabington.org www.stannesabington.org <b>Sunday</b> – Holy Eucharist, 8:00 &amp; 10:00 am</p>	<p><b>Fr. Winston T. Smith, Rector</b> Marion Chayes, Verger Sherry Geoghan, Parish Admin. Pamela Hastings, Coord. of Outreach Kathy Vera, Church School Director Steve Woytowicz, Choirmaster Mitchell Will, Organist</p>
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