



# First Sunday in Lent

HOLY EUCHARIST RITE I

February 21, 2021 – 8:00 am

## The Word of God

BCP 319

*Celebrant* Bless the Lord who forgiveth all our sins.

*People* His mercy endureth forever.

## The Decalogue: Traditional

BCP 317

God spake these words, and said:

I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

***Lord have mercy upon us,  
and incline our hearts to keep this law.***

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

***Lord have mercy upon us,  
and incline our hearts to keep this law.***

Thou shalt not take the Name of the Lord thy God in vain.

***Lord have mercy upon us,  
and incline our hearts to keep this law.***

Remember that thou keep holy the Sabbath day.

***Lord have mercy upon us,  
and incline our hearts to keep this law.***

Honor thy father and thy mother.

***Lord have mercy upon us,  
and incline our hearts to keep this law.***

Thou shalt do no murder.

***Lord have mercy upon us,  
and incline our hearts to keep this law.***

Thou shalt not commit adultery.

**Lord have mercy upon us,  
and incline our hearts to keep this law.**

Thou shalt not steal.

**Lord have mercy upon us,  
and incline our hearts to keep this law.**

Thou shalt not bear false witness against thy neighbor.

**Lord have mercy upon us,  
and incline our hearts to keep this law.**

Thou shalt not covet.

**Lord have mercy upon us,  
and write all these thy laws in our hearts, we beseech thee.**

### *Celebrant*

If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. *1 John 1:8,9*

Let us humbly confess our sins unto Almighty God.

### *Minister and People*

**Most merciful God,  
we confess that we have sinned against thee  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved thee with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of thy Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in thy will,  
and walk in thy ways,  
to the glory of thy Name. Amen.**

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. *Amen.*

## The Trisagion

*Celebrant* Holy God,  
Holy and Mighty,  
Holy Immortal One,  
*People* **Have mercy upon us.**

*Celebrant* The Lord be with you.

*People* **And with thy spirit**

*Celebrant* Let us pray.

## The Collect for the First Sunday in Lent

Almighty God, whose blessed Son was led by the Spirit to be tempted of Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever. *Amen.*

## The First Lesson *Genesis 9: 8-17*

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

**Psalm 25:1-9** *(Read in unison)*

- 1 To you, O LORD, I lift up my soul;  
my God, I put my trust in you; \*  
let me not be humiliated,  
nor let my enemies triumph over me.**
- 2 Let none who look to you be put to shame; \*  
let the treacherous be disappointed in their schemes.**
- 3 Show me your ways, O LORD, \*  
and teach me your paths.**
- 4 Lead me in your truth and teach me, \*  
for you are the God of my salvation;  
in you have I trusted all the day long.**
- 5 Remember, O LORD, your compassion and love, \*  
for they are from everlasting.**
- 6 Remember not the sins of my youth and my transgressions; \*  
remember me according to your love  
and for the sake of your goodness, O LORD.**
- 7 Gracious and upright is the LORD; \*  
therefore he teaches sinners in his way.**
- 8 He guides the humble in doing right \*  
and teaches his way to the lowly.**
- 9 All the paths of the LORD are love and faithfulness \*  
to those who keep his covenant and his testimonies.**

**The Second Lesson** *1 Peter 3:18-22*

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you--not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

**The Gospel** *Mark 1:9-15*

*Priest* The Holy Gospel of our Lord Jesus Christ according to Mark.  
*People* **Glory be to thee, O Lord**

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

*Priest* The Gospel of the Lord  
*People* **Praise be to thee, O Christ**

**The Sermon**

**Fr. Winston T. Smith**

**The Nicene Creed**

**BCP 326**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

**The Prayers of the People Form I**

**BCP 383**

With all our heart and with all our mind, let us pray to the Lord,  
saying, "Lord, have mercy."

For the peace from above, for the loving-kindness of God, and for the  
salvation of our souls, let us pray to the Lord.

***Lord, have mercy.***

For the peace of the world, for the welfare of the holy Church of  
God, and for the unity of all peoples, let us pray to the Lord.

***Lord, have mercy.***

For our Bishop, and for all the clergy and people; For Justin,  
Archbishop of Canterbury; Michael, Presiding Bishop; Daniel, Bishop;  
Winston, Rector; Duane, in discernment for Holy Orders; the Vestry  
and the People of St. Anne's Church, let us pray to the Lord.

***Lord, have mercy.***

For our President, for the leaders of the nations, and for all in  
authority; For Joe, President; Tom, Governor; the Congress and  
Supreme Court, and state and local officials, let us pray to the Lord.

***Lord, have mercy.***

For this city of Abington, for every city and community, and for those who live in them, let us pray to the Lord.

***Lord, have mercy.***

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

***Lord, have mercy.***

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord.

***Lord, have mercy.***

*Please remember and feel free to say aloud the names of those who need prayer.*

*Silence*

We especially remember Anna, Rose, Carmen, Will, Ayush and we pray for all those suffering with COVID-19, those they love, and all those who minister to them.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

***Lord, have mercy.***

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord.

***Lord, have mercy.***

*Please remember and feel free to say aloud the names of the departed.*

*Silence*

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

***Lord, have mercy.***

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

***Lord, have mercy.***

In the communion of the Blessed Virgin Mary, St. Anne and of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

***To thee, O Lord our God.***

## **The Peace**

**BCP 332**

*Celebrant* The peace of the Lord be always with you.

*People* **And with thy spirit.**

## **Announcements**

### **The Holy Communion**

“THE INVITATION TO HOLY COMMUNION”  
authorized by Presiding Bishop Michael Curry

A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Holy Communion.

*The celebrant invites the following prayer to be said by all:*

**My Jesus, I believe that you are truly present in the Blessed Sacrament of the Altar. I love you above all things, and long for you in my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. As though you have already come, I embrace you and unite myself entirely to you; never permit me to be separated from you. Amen.** (St. Alphonsus de Liguori, 1696-1787)

## **Offertory Sentence**

Worthy are thou, O Lord our God, to receive glory and honor and power; for thou hast created all things, and by thy will they were created and have their being. *Revelation 4:11*

*Celebrant* The Lord be with you.

*People* **And with thy spirit.**

*Celebrant* Lift up your hearts.

*People* **We lift them up unto the Lord.**

*Celebrant* Let us give thanks unto our Lord God.

*People* **It is meet and right so to do.**

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Who dost bid thy faithful people cleanse their hearts, and prepare with joy for the Paschal feast; that, fervent in prayer and works of mercy, and renewed by thy Word and Sacraments, they may come to the fullness of grace which thou hast prepared for those who love thee.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

*Celebrant and People*

**Holy, holy, holy Lord God of Hosts:**

**Heaven and earth are full of thy glory.**

**Glory be to thee, O Lord Most High.**

**Blessed is he that cometh in the name of the Lord.**

**Hosanna in the highest.**

*Then the Celebrant continues*

All glory be to thee, O Lord our God, for that thou didst create heaven and earth, and didst make us in thine own image; and, of thy tender mercy, didst give thine only Son Jesus Christ to take our nature upon him, and to suffer death upon the cross for our redemption. He made there a full and perfect sacrifice for the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks to thee, he broke it, and gave it to his disciples,

saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink this, all of you; for this is my Blood of the New Covenant, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us; and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness to accept this our sacrifice of praise and thanksgiving; whereby we offer and present unto thee, O Lord, our selves, our souls and bodies. Grant, we beseech thee, that all who partake of this Holy Communion may worthily receive the most precious Body and Blood of thy Son Jesus Christ, and be filled with thy grace and heavenly benediction; and also that we and all thy whole Church may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. *AMEN.*

And now, as our Savior Christ hath taught us, we are bold to say,

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,**

on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power, and the glory,  
for ever and ever. Amen.

## The Breaking of the Bread

BCP 337

*Celebrant* Christ our Passover is sacrificed for us;  
*People* Therefore let us keep the feast.

*Celebrant and People*

O Lamb of God, that takest away the sins of the world,  
have mercy upon us.

O Lamb of God, that takest away the sins of the world,  
have mercy upon us.

O Lamb of God, that takest away the sins of the world,  
grant us thy peace.

**Prayer of Humble Access** (*Celebrant and People*)

BCP 337

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. *Amen.*

## The Ministration of Communion

*(While the celebrant and those present receive the Sacrament you are invited to pray or meditate on the following.)*

“Rend your heart, and not your garments, and turn unto the Lord your God; for he is gracious and merciful, slow to anger and of great kindness, and repenteth him of the evil. (Joel 2:13)

Almighty and eternal God, so draw our hearts to thee, so guide our minds, so fill our imaginations, so control our wills, that we may be

wholly thine, utterly dedicated unto thee; and then use us, we pray thee, as thou wilt, and always to thy glory and the welfare of thy people; through our Lord and Savior Jesus Christ. Amen. (BCP 832)

**Post Communion Prayer**

(A Post-Communion Prayer During this Time of Separation  
authorized by Bishop Gutierrez)

**Lord of the Feast, we thank you for gathering us as your people. We call to remembrance the many times we have been fed at your table and we lament our distance now. Be present Lord Jesus as you were present with your disciples, be known to us in the breaking of the bread, and may your Holy Spirit sustain us and all your Church until we can gather together again. We ask this for the sake of your love. Amen.**

**Prayer over the People**

Grant, Almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence; through Christ our Lord. *Amen.*

**The Dismissal**

Celebrant      Let us bless the Lord.  
**People      Thanks be to God.**

<p><b>Saint Anne’s Episcopal Church</b>  2119 Old Welsh Road  Abington, PA 19001  (215) 659-1674  office@stannesabington.org  www.stannesabington.org  <b>Sunday</b> – Holy Eucharist, 8:00 &amp; 10:00 am</p>	<p><b>Fr. Winston T. Smith, Rector</b>  Marion Chayes, Verger  Sherry Geoghan, Parish Admin.  Pamela Hastings, Coord. of Outreach  Kathy Vera, Church School Director  Steve Woytowicz, Choirmaster  Mitchell Will, Organist</p>
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